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Enrich other lives while enriching your own at the International Friendship Club (IFC)

By

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Vallarta's International Friendship Club (IFC) provides financial and other support to upwards of 20 non-profit charitable organizations in the Vallarta area, using proceeds from IFC home tours, social events and educational programming to help to support these charities.

Pasitos de Luz (Mothers United for the Rehabilitation of their Children), one of these charitable organizations, will host its 9th annual Fashion Charity Luncheon on Saturday, January 14, at The River Café. This sold-out event is always a highlight of the season. Keep your eyes peeled in November 2023 for tickets to next season's luncheon where volunteer fashion models of all ages and sizes strut their stuff as they showcase how to make a fashion statement. Donations of gently used clothing are welcomed. One ticket for door prizes or the raffle will be given for every bag of clothing donated. Clothes can be dropped off at Deja New in Puerto Vallarta the morning of or brought to the event.

IFC supports Pasitos as a lifeline for approximately 130 Banderas Bay families living in extreme poverty or with limited resources. These families rely on Pasitos to look after and provide therapy for their children during the day, enabling the parents to work. Many of these children suffer from acute physical or psychological disabilities making them unable to enter mainstream education. Services include physical therapy, speech therapy, hydrotherapy and general rehabilitation, psychological care, art classes, personal care and hygiene classes, nutrition and wellness and education programs. Breakfast and lunch are provided each day as well.

In part to raise funds to support organizations such as Pasitos, IFC hosts classes and social events. Highly rated (Trip Advisor) Home Tours of stunning Vallarta villas and homes, led by IFC docents, are offered Tuesdays and Wednesdays, 10:30-1:30 (arrive by 10:00 AM), leaving from Sea Monkey, Calle Aquiles Serdan 174, on the Malecon. Discounted breakfast is available for tour guests. Good physical mobility and advance ticketing are required. Dan Grippo, PhD is offering a fascinating lecture series on the impact of epidemics on Mexican and global history at the IFC on Friday mornings at 10:30am. Yoga and meditation classes are available Wednesday and Saturday mornings. And, a new sketching and painting workshop is starting Tuesday afternoon, January 17 from 2-4pm. Check the calendar on the IFC website, ifcvallarta.org, to register in advance for home tours and the art workshop and for more details about all these programs and many others. Be part of the IFC's charitable work while enriching your life.